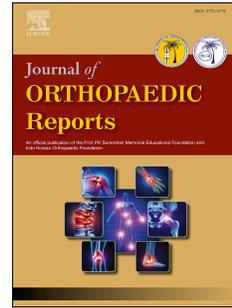


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The uncemented ATTUNE Knee Outcome study (ATKOS); short-term clinical improvements in advanced knee osteoarthritis

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# The uncemented ATTUNE Knee Outcome study (ATKOS); short-term clinical improvements in advanced knee osteoarthritis

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1           **The uncemented ATTUNE Knee Outcome study**  
2           **(ATKOS); short-term clinical improvements in advanced**  
3                           **knee osteoarthritis**

4

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## 5 **Abstract**

6 **Background** The functional patient-reported outcome measures (PROMs) of the newly  
7 introduced uncemented cruciate-retaining rotating-platform ATTUNE total knee arthroplasty  
8 (TKA) have not yet been documented. This preliminary study aims to evaluate the short-term  
9 functional PROMs. Secondary objectives include evaluating the clinical outcomes, and rates  
10 of revisions and reoperations.

11 **Method** Preliminary data from an ongoing 10-year multi-center observational study on  
12 patients with osteoarthritis receiving an uncemented ATTUNE were analyzed. Surgeries were  
13 performed with mechanical alignment and without patellar resurfacing. PROMs (Oxford-  
14 knee-score [OKS], Forgotten-joint-score [FJS], Anterior-Knee-Pain-Scale [KUJALA], EQ-  
15 5D-5L, NRS-pain-scale, TEGNER and UCLA) and clinical examination results were  
16 collected at 6 weeks, 6 months, and 1 year. Linear-mixed-models analyzed PROMs and  
17 clinical data, while revision rates were estimated using Kaplan-Meier survival analysis.

18 **Results** After excluding 171 knees with less than one year of follow-up, a total of 260 knees  
19 were included in the analysis. The cohort comprised 57% women, of 67 years (standard  
20 deviation [SD]= 9.5) old, with a follow-up of 2.0 years (SD 0.9). All measured PROMs  
21 showed significant improvements at 6 months and 1 year compared to baseline. At 1 year  
22 postoperatively, the scores were as followed: OKS 36.8 (CI 35.7–38.0), FJS 53.1 (CI 49.7–  
23 56.6), KUJALA 71.7 (CI 69.5–73.8), EQ-5D-5L index 0.88 (CI 0.86–0.90), NRS at rest 1.2  
24 (CI 0.9–1.4), NRS during movement 2.2 (CI 1.8–2.5), TEGNER 3.4 (CI 3.1–3.6), and UCLA  
25 5.6 (CI 5.3–5.9). The revision rate was 1.9% (CI 1.9–1.9) at 1 and 2 years, and 2.8% (CI 2.8–  
26 2.8) at 3 years. Revisions included one case of aseptic loosening of the tibial component.

27 **Conclusions** The results suggest that the uncemented cruciate-retaining rotating-platform  
28 ATTUNE TKA provides substantial short-term functional improvements compared to the  
29 preoperative state, which are at least equivalent to other well-established TKAs. Longer

30 follow-up is necessary to determine if these findings are sustained, particularly regarding  
31 revision rates.

32 **Level of evidence** Level II (prospective cohort study).

33 **Keywords** Total knee Arthroplasty; Uncemented; Cementless; ATTUNE; Patient-reported  
34 outcome measures; revision

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## 35 **Introduction**

36 To date, 10–20% of patients remain dissatisfied after total knee arthroplasty (TKA), driving  
37 manufacturers to develop new implant designs with enhanced biomechanics to better meet the  
38 needs of a growing population of younger, more active patients anticipated in the coming  
39 years. [1,2] Uncemented TKA rely on biological fixation through osseointegration, which is  
40 thought to benefit this changing patient demographic by preserving bone stock and potentially  
41 reducing risks associated with cement wear debris and loosening in the mid-to-long term.  
42 [3,4]

43 In response to dissatisfaction rates, the ATTUNE TKA (DePuy Synthes, Warsaw, Indiana,  
44 USA) was introduced to replace its predecessor, the Low Contact Stress (LCS) TKA (DePuy  
45 Synthes, Warsaw, Indiana, USA), which had an excellent clinical track record of low revision  
46 rates and good patient-reported outcome measures (PROMs). [5] The cemented version of the  
47 ATTUNE was launched in 2012, followed by the uncemented version in 2017, which differs  
48 in fixation methods, surgical techniques, and potential reasons for revision, all of which could  
49 impact clinical and functional outcomes. [6–8]

50 The ATTUNE system is designed to provide smooth knee flexion and enhance anteroposterior  
51 stability through its gradually reduced femoral radius. [6] As for the cemented ATTUNE, it  
52 demonstrated equal to slightly better PROMs compared to previous designs. [9] For the  
53 uncemented design, only 3 studies have investigated PROMs: one investigated the cruciate-  
54 retaining (CR) mobile-bearing (MB) design, but had an insufficient sample size due to it  
55 focusing on implant migration, another solely investigated the Knee Injury and Osteoarthritis  
56 Outcome Score (KOOS-PS) of the CR MB design, and the third studied only the Forgotten-  
57 joint-score (FJS) of the posterior-stabilized (PS) MB design. [10–12] All three studies  
58 reported equal to slightly better scores compared to their respective comparisons in national  
59 registries after 1 year. Moreover, it is of utmost importance to thoroughly evaluate the early

60 functional outcomes of newly introduced implants, regardless of their fixation method, as  
61 poor outcomes identified at later term comes at the expense of patients' well-being.  
62 This study aims to report the preliminary short-term outcomes of the "follow-up uncemented  
63 ATTUNE Knee Outcome Study" (ATKOS) [6] with a primary focus on assessing a broad  
64 overview of different 6-month and 1-year PROMs to provide a thorough evaluation of patient  
65 outcomes. Secondly, it evaluates the clinical and functional outcomes, revision rates, and  
66 complications in patients with end-stage primary or secondary osteoarthritis who received the  
67 uncemented CR MB ATTUNE total knee system.

68

## 69 **Methods**

### 70 **Study design**

71 This study reports short-term findings from the multicenter ATKOS study [6], adhering to  
72 STROBE and AQUILA guidelines [13,14]. Ethical approval was obtained from the  
73 Amsterdam UMC (CME NL71274.029.19), and the protocol was preregistered on  
74 ClinicalTrials.gov (NCT04247672) and published. [6]

75

### 76 **Settings**

77 The ATKOS study aims to assess revision and reoperation rates of the uncemented ATTUNE  
78 knee system over 10 years, with a target enrollment of 900 patients. [6] Recruitment began in  
79 2019 and is ongoing across four hospitals in the X, namely:

- 80 • X, X (4 surgeons)
- 81 • X, X (2 surgeons)
- 82 • X, X (3 surgeons)
- 83 • X, X (2 surgeons)

84 According to the ATKOS protocol, all recruited patients undergo physical examinations and  
85 complete questionnaires at predefined intervals: at 6 weeks (physical examination only,  
86 except at X X), 6 months, 1 year, 5 years, and 10 years. [6]

87

### 88 **Implant and surgical procedure**

89 This study investigates the uncemented, MB (rotating platform), CR ATTUNE total knee  
90 system by DePuy Synthes, designed for anatomic patellar tracking and enhanced  
91 anteroposterior stability up to 150° flexion. The cobalt-chromium-molybdenum alloy tibial  
92 tray features radially positioned pegs and a central keel for fixation, with a spherical bead  
93 coating to minimize micromotion and support bone ingrowth. The polyethylene insert  
94 incorporates antioxidants for wear resistance and stability. Patella resurfacing was not  
95 performed.

96 Surgical techniques followed manufacturer guidelines, including medial arthrotomy without a  
97 tourniquet and mechanical alignment via intramedullary femoral and extramedullary tibial  
98 guides. Rotational alignment adhered to Akagi's line for the tibia and the transepicondylar  
99 axis and Whiteside's line for the femur. To minimize bias, all surgeons were uniformly  
100 trained in the ATTUNE system. Further implant and surgical details are available in the  
101 published study rationale. [6]

102

### 103 **Participants**

104 All patients between 21 and 90 years, with end-stage primary or secondary osteoarthritis of  
105 the knee that necessitates a primary TKA, and able to comply with the study schedule, were  
106 consecutively asked for participation. Patients were excluded from the ATKOS study if they  
107 withdrew prior to surgery or if surgery with the uncemented ATTUNE could not proceed, or  
108 when there was an indication for a cemented fixation (e.g., decreased bone stock or quality of

109 the cancellous bone), a stemmed component or a fixed posterior-stabilized insert. For the  
110 current short-term study, patients were secondarily excluded if their follow-up was less than 1  
111 year. Demographic details on included patients were presented in Table 1.

112

### 113 **Variables and measurements**

114 Since the main study commenced in 2019 and is still ongoing, the primary outcomes of the  
115 current preliminary study include the PROMs measured preoperatively, and at 6 months and 1  
116 year postoperatively. The PROMs include:

117

118 1. Knee and health-related PROMs, assessed preoperative, 6 months and 1-year post-surgery.

119 • Oxford Knee Score (OKS): assessing the pain and function of the knee; 0 = most severe  
120 problems; 48 = least severe. [15]

121 • Forgotten Joint Score (FJS): assessing artificial knee joint awareness during daily living,  
122 by use of a 5-point Likert scale, with a score of 0 = most aware; 100 = least aware. [16]

123 • Anterior Knee Pain Scale (KUJALA) assessing patellofemoral function and pain; 0 =  
124 worst; 100 = best. [17]

125 • EuroQol 5-dimension 5-level (EQ-5D-5L): assessing general health; 0 = worst; 1 = best.  
126 [18]

127 • Numerical rating scale (NRS-rest; NRS-activity): assessing pain at rest and during  
128 activity; 0 = no pain; 10 = worst pain imaginable).

129 • Anchor scales by 3 likert-cales, assessing satisfaction (0 = not satisfied; 10 = very  
130 satisfied), change in pain and daily function since the index surgery (0 = much  
131 deteriorated; 7 = much improved).

132

133 2. Return to sport and work, assessed preoperative and 1-year post-surgery.

134 • University of California Los Angeles activity scale (UCLA): an ordinal rating scale from  
135 0 to 10; 0 = no physical activity or dependency on others; 10 = regular participation in  
136 impact sports.

137 • Tegner rating scale, an ordinal rating scale from 0 to 10; 0 = no physical activity or  
138 disability; 10 = participating in highly competitive sports.

139

140 The secondary outcomes of the study encompass the clinical outcomes from physical  
141 examination, performance-based measurements (PBMs), complications, and the rate of  
142 planned or performed revisions and reoperations. Clinical outcomes were registered during  
143 physical examination, including measurements of range of motion (ROM), anteroposterior  
144 and mediolateral stability, and anteroposterior alignment. The anteroposterior alignment was  
145 measured by use of full-leg, full weight-bearing conventional radiographs preoperatively and  
146 1 year postoperatively. PBM measurements were performed preoperatively and at 1-year,  
147 including the 30-second chair stand test (30-CST), 40-meter fast-paced walk test (40-FPWT),  
148 and the stair climb test (SCT). [19] Patients performed as many repetitions of standing up and  
149 sitting down in 30 seconds for the 30-CST, walked 40 meters while timing was recorded for  
150 the 40-FPWT, and ascended and descended a set of stairs while timing was recorded for the  
151 SCT. Additionally, planned or performed revision and reoperation surgeries were registered. A  
152 major revision was defined as the implantation, explantation, or exchange of at least the  
153 femoral or tibial component, and a minor revision in case if only the insert was exchanged  
154 and/or patella was added. A reoperation was defined as all interventions or procedures that did  
155 not qualify for a minor or major revision. Complications encompass any adverse events  
156 related to knee surgery occurring during the postoperative period. All data were collected on  
157 paper or electronically, by using Research Manager (Cloud9 software, Deventer, Netherlands)  
158 and exported for analysis to SPSS Statistics 26.0 (IBM SPSS, New York, USA).

159

160 **Statistical methods**

161 Baseline characteristics were presented as means with standard deviations (SD), medians with  
162 interquartile ranges (IQR), or frequencies with proportions, depending on the data  
163 distribution. PROM scores and clinical outcomes were presented as means with  
164 corresponding 95% confidence intervals (CI) or frequencies with proportions. The mean and  
165 CI of PROMs and clinical outcomes were calculated using a linear mixed-effects model  
166 (LMM) to effectively account for missing values and within-patient correlations. In the LMM,  
167 postoperative time was set as a fixed effect, while patient cases were treated as random  
168 effects. Since PROMs were the primary objective, the CI of scores were compared with those  
169 from previous follow-up moments (i.e., baseline vs. 6 months and 1 year, 6 months vs. 1  
170 year). Non-overlapping CIs indicate a significant difference between PROM values at the  
171 different follow-up moments, whereas overlapping CIs indicate non-significance. [20,21] To  
172 assess the potential impact of attrition bias, PROMs of patients excluded due to missing 1-  
173 year follow-up data but with available 6-month scores were compared to those of included  
174 patients. Cumulative crude revision incidences were assessed using Kaplan-Meier survival  
175 analyses for major and minor revision for any reason. Time was characterized from primary  
176 TKA to first revision, patient death, or the date of data export (April 5, 2024). Deaths were  
177 censored observations, assuming independence from the risk of revision. Revision rates were  
178 presented with corresponding CIs. Complications and adverse events were described.

179 A post-hoc sample size calculation was performed to determine whether the study had  
180 adequate power to evaluate the PROMs. Based on a minimal important clinical difference of  
181 5 points and a SD of 9.74 for the Oxford Knee Score [22], the current study with 260 knees  
182 had 99% power to detect a 5-point difference at a significance level of 0.05.

183

**184 Results**

185 Out of 444 cases enrolled in the ATKOS study by April 2024, 431 knees met the inclusion  
186 criteria (Figure 1). Thirteen cases were excluded post-recruitment for various reasons (Figure  
187 1). Additionally, 145 knees were secondarily excluded as they had less than one year of  
188 follow-up (of which 51 patients had 6-monthths values). Ultimately, 241 patients (260 knees)  
189 with at least one year of follow-up were included (Figure 1). Missing PROM scores were  
190 noted for 24 preoperatively and 47 at both 6-month and 1-year follow-ups.

191

**192 Patient-reported outcomes measures**

193 All mean PROM scores measured at 6 months and 1 year significantly improved compared to  
194 the preoperative scores (Table 2). Additionally, all PROM scores, except for the EQ5D-5L  
195 index, EQ5D-5L VAS scale, and NRS for pain at rest, showed significant improvement  
196 between the 6-month and 1-year postoperative periods (Table 2). Majority of scores improved  
197 the most during the first 6 months following surgery. Patients rated their satisfaction on a 0 to  
198 10 scale, with scores of 7.8 (CI 7.6–8.1) at 6 months and 8.2 (CI 7.9–8.5) at 1 year.

199 The risk of attrition bias was deemed minimal. Assessment of attrition bias showed that the 51  
200 patients with 6-month data but excluded due to missing 1-year follow-up had a mean OKS of  
201 27.1 (CI 21.8–32.9), which was significantly lower than that of the included patients (34.5 [CI  
202 33.4–35.6]). All other PROMs were comparable between the two groups.

203

**204 Clinical outcomes**

205 The mean range of motion reached was 119.3 (CI 117.7–120.3) at 1-year, which was  
206 comparable to the preoperative range of motion (Table 3). The proportions of patients with  
207 deformations (e.g., extensor lag, mediolateral and anteroposterior instability) decreased after

208 surgery (Table 3). The mean coronal mechanical alignment was corrected from 180.1 (CI  
209 179.3–181.0) preoperatively to 182.1 (CI 181.1–183.1) after 1 year.

210 All 3 PBM exercises demonstrated significantly improved 1-year scores compared to  
211 preoperatively (Table 3).

212

### 213 **Survival and adverse events**

214 As for the survival, 9 revisions (3 major, 6 minor) and 12 reoperations were planned or  
215 performed (Table 4). The minor revision rate was 1.5% (CI 1.5–1.5) at 1 year, and 2.1% (CI  
216 2.1–2.1) at 2 and 3 years. For major revisions, the rates were 0.8% (CI 0.8–0.8) at 1 and 2  
217 years, and 1.6% (CI 1.6–1.6) at 3 years. The overall revision rate was 1.9% (CI 1.9–1.9) at 1  
218 and 2 years, and 2.8% (CI 2.8–2.8) at 3 years. A total of 243 patients were at risk at 2 years,  
219 and 130 at 3-years. Additionally, a total of 18 cases withdrew and 2 patients died. As for  
220 reoperations, a total of 11 manipulations under anesthetic (MUA) were performed after an  
221 average of 6.1 months (SD 5.9), with a 1-year incidence of 3.9% (CI 3.9–3.9). Nine serious  
222 adverse events occurred, excluding revisions and reoperations, all listed in Table 5.

223

### 224 **Discussion**

225 The most important finding of the current study was that all PROMs, including the OKS, FJS,  
226 KUJALA, EQ5D-5L, NRS scores, and Tegner and UCLA activity scores, improved  
227 significantly at 6-months and 1-year postoperatively, compared to baseline. This was the first  
228 study with a sufficient sample size that was able to provide insight into the short-term  
229 functional outcomes of the uncemented CR MB ATTUNE TKA. These findings suggest that  
230 the uncemented ATTUNE TKA can deliver short-term substantial functional benefits and pain  
231 relief to patients with end-stage primary or secondary osteoarthritis of the knee.

232 Due to the recent introduction of the uncemented ATTUNE TKA system, literature and  
233 available PROMs on the device are limited. This scarcity makes it challenging to compare  
234 scores accurately and assess the generalizability of our findings.

235 The 5-year radiostereometric analysis (RSA) RCT by Puijk et al. (2024) compared 30  
236 uncemented ATTUNE implants with 31 uncemented LCS implants. [23] Although  
237 underpowered for robust PROM evaluation, their study reported KUJALA scores of 76.9 (SD  
238 15.3) for ATTUNE and 79.9 (SD 17.6) for LCS, both slightly higher than the 1-year score of  
239 71.8 (CI 69.5–74.1) in the current study, suggesting continued improvement beyond 5 years.  
240 [23] Their OKS and NRS-rest and NRS-activity scores were significantly better for ATTUNE  
241 compared to LCS up to 3 months, with no differences observed at later follow-ups. [23] One  
242 possible explanation for ATTUNE's early improvement could be its anatomical femoral  
243 design, enhancing anteroposterior stability throughout knee flexion. [12] When comparing  
244 their 6-month and 1-year PROM scores to ours, or those (OKS and KOOS) reported by  
245 national registries, similar results were observed. [23–26] However, as our study did not  
246 assess PROMs earlier than 6 months, we could not verify the results of these early (i.e., <3  
247 months) improvements found in Puijk [23] The OKS and KOOS scores are widely used in  
248 studies and registries but are acknowledged to have a high ceiling effect, making them less  
249 effective in distinguishing between good and excellent outcomes compared to scores like the  
250 FJS and KUJALA. [17,27–29] Unfortunately, these outcomes are not yet registered by  
251 national arthroplasty registries. Additionally, this study investigated functional improvement  
252 using PBMs, as recommended by previous research. [19] This outcome is rarely explored in  
253 other studies, highlighting a unique strength of the current investigation in evaluating patient  
254 recovery comprehensively.

255 We observed an overall revision rate of 1.9% (CI 1.9–1.9) at 3 years, with most revisions due  
256 to insert spinout—a recognized complication of TKAs with MB inserts. Keogh [10] (2020)

257 reported a 2.9% spinout rate in 332 uncemented CR MB ATTUNE implants, with spinouts  
258 occurring only in cases using the measured resection technique, not gap-balancing. [10] In  
259 contrast, our study exclusively used the gap-balancing technique, which may explain the  
260 lower spinout rate observed. One implant in our cohort required revision for aseptic loosening  
261 of both components. This aligns with the 5-year RSA RCT by Puijk (2024), which  
262 demonstrated equal to superior implant migration stability for the uncemented ATTUNE  
263 compared to the LCS, indicating effective long-term fixation. [23] We observed a 1-year  
264 MUA rate of 3.9% (CI 3.9–3.9), higher than the 1.7% reported in a Swedish registry study of  
265 64,840 TKAs and 1,061 MUAs. [30] That study highlighted variation in MUA incidence (0–  
266 5%) across hospitals, mainly in younger patients (65%), women (64%), and those with ASA  
267 scores  $\leq 2$  (88%), reflecting a lack of universal indications for MUA. However, the current  
268 study lacks the power to assess these factors or rates conclusively. Furthermore, no data exist  
269 on MUA rates for the cemented ATTUNE design, underscoring the need for longer-term  
270 studies with larger cohorts, including a comparison group.

271 This study has several limitations. The uncemented ATTUNE TKA is exclusively used for  
272 research in the Netherlands and is not the sole implant in each center, potentially introducing  
273 selection bias by excluding patients with major deformities requiring cemented, hinge, or PS  
274 implants. This may result in a healthier study population compared to the general arthroplasty  
275 population. However, the pre- and postoperative demographics and PROM scores were  
276 comparable to those in the Dutch arthroplasty registry, suggesting minimal bias. [24]

277 Additionally, The ATKOS study lacks a comparison group, making it difficult to attribute  
278 PROM improvements solely to the uncemented ATTUNE, warranting cautious interpretation.  
279 Nevertheless, it is the first study with a sufficient sample size, making it valuable for  
280 benchmarking to other implants. Further, the study remains small for detecting rare  
281 complications, conducting subgroup analyses, or calculating reoperation and revision rates.

282 However, given the recent adoption of the uncemented ATTUNE, we deemed it essential to  
283 evaluate its performance at an early stage to detect any potential issues with failure rates or  
284 clinical performance.

285

## 286 **Conclusion**

287 The 6-month and 1-year PROMs from this preliminary study suggest that the uncemented CR  
288 MB ATTUNE TKA provides substantial short-term functional improvements compared to the  
289 preoperative state, which are at least equivalent to other well-established TKAs. The  
290 significant improvements in PROMs at 6 months and 1 year postoperatively indicate that it  
291 can deliver clinically relevant benefits and pain relief to patients in the short term. The larger  
292 follow-up study is necessary to determine if these findings are sustained over the long term,  
293 particularly regarding revision rates.

294

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## **Acknowledgments**

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**Table 1.** Demographic, clinical and perioperative characteristics of the included population.

Number of patients	241
Number of knees	260
Performed in hospitals, n (%)	
Spaarne Gasthuis	94 (36.2)
Bergman Clinics	130 (50.0)
Alrijne hospital	18 (6.9)
Maastricht university medical center	18 (6.9)
Duration of symptoms, median years (IQR)	3.5 (2.0 – 6.0)
Secondary osteoarthritis, n (%)	8 (3.1)
Sex, woman, n (%)	149 (57.3)
Mean age, years (SD)	66.6 (9.5)
< 50 years, n (%)	5 (1.9)
50 – 59 years, n (%)	53 (20.4)
60 – 69 years, n (%)	93 (35.8)
70 – 79 years, n (%)	94 (36.2)
80 > years, n (%)	15 (5.7)
Mean BMI, (SD)	29.3 (5.4)
ASA grade, n (%)	
I	40 (15.7)
II	161 (63.1)
III to IV	54 (21.2)
Surgery duration in minutes, mean (SD)	55.0 (18.0)
Follow-up in years, mean (SD)	2.0 (0.9)

Proportions do not add up due to missing values

n Number, BMI Body mass index, IQR Interquartile range, SD Standard deviation

**Table 2.** Repeated outcome of patient-reported outcome measures 6-months and 1-year postoperative, compared to preoperative values, calculated by use of linear mixed-model analyses.

	Preoperative	Postoperative	
		6-months	1-year
	Mean (95%CI)	Mean (95%CI)	Mean (95%CI)
			p-value
Cases	236	213	213
OKS score	24.8 (23.7 – 25.9)	34.5 (33.4 – 35.6) <sup>A</sup>	36.8 (35.7 – 38.0) <sup>A, B</sup>
FJS (%)	16.9 (13.6 – 20.2)	44.7 (41.3 – 48.1) <sup>A</sup>	53.1 (49.7 – 56.6) <sup>A, B</sup>
KUJALA score	46.3 (44.3 – 48.4)	66.3 (64.2 – 68.4) <sup>A</sup>	71.7 (69.5 – 73.8) <sup>A, B</sup>
EQ5D-5L			
index	0.64 (0.62 – 0.66)	0.84 (0.82 – 0.86) <sup>A</sup>	0.88 (0.86 – 0.90) <sup>A</sup>
VAS-scale	69.8 (67.6 – 72.0)	78.9 (76.6 – 81.2) <sup>A</sup>	79.4 (77.1 – 81.7) <sup>A</sup>
NRS rest	5.1 (4.8 – 5.3)	1.7 (1.4 – 2.0) <sup>A</sup>	1.2 (0.9 – 1.4) <sup>A</sup>
NRS activity	6.8 (6.5 – 7.1)	2.9 (2.6 – 3.2) <sup>A</sup>	2.2 (1.8 – 2.5) <sup>A, B</sup>
TEGNER	2.4 (2.2 – 2.6)	n/a	3.4 (3.1 – 3.6) <sup>A, B</sup>
UCLA	4.5 (4.2 – 4.7)	n/a	5.6 (5.3 – 5.9) <sup>A, B</sup>

p-values were calculated for values compared to baseline.

<sup>A</sup> Significantly different compared to baseline values, based on non-overlapping 95%CIs.

<sup>B</sup> Significantly different compared to 6-months values, based on non-overlapping 95%CIs.

CI Confidence interval

**Table 3.** Baseline and repeated measurements of physical examination and performance based measurements.

	Preoperative		Postoperative		
			6-weeks *	6-months	1-year
Number of knees	259		120	210	223
ROM, mean degrees (CI)	119.2 (117.7 – 120.8)	108.0 (105.8 – 110.1) <sup>A</sup>	116.0 (114.3 – 117.8)	119.3 (117.7 – 120.3)	
Extension lag, n (%)	92 (35.4)	56 (46.7)	45 (21.4)	33 (14.9)	
Anteroposterior stability					
< 5 mm, n (%)	225 (86.5)	112 (95.7)	207 (98.6)	219 (98.2)	
5-10 mm, n (%)	25 (9.6)	5 (4.3)	2 (1.0)	4 (1.8)	
> 10 mm, n (%)	5 (1.9)	0 (0.0)	1 (0.5)	0 (0.0)	
Mediolateral stability					
< 5 degrees, n (%)	174 (66.9)	115 (95.8)	196 (96.6)	208 (94.5)	
5 – 9 degrees, n (%)	75 (28.8)	3 (2.5)	7 (3.4)	12 (5.5)	
10 – 14 degrees, n (%)	5 (1.9)	2 (1.7)	0 (0.0)	0 (0.0)	
> 14 degrees, n (%)	2 (0.8)	0 (0.0)	0 (0.0)	0 (0.0)	
Performance based measurements					
30-CST, mean reps (CI)	9.3 (8.8–9.8)	n/a	n/a	12.2 (11.7–12.7) <sup>A</sup>	
40-FPWT, mean sec (CI)	34.5 (33.2–35.8)	n/a	n/a	27.7 (26.3–29.1) <sup>A</sup>	
SCT, mean sec (CI)	14.5 (13.5–15.6)	n/a	n/a	11.7 (10.6–12.8) <sup>A</sup>	

n Number, SD Standard deviation, CI Confidence interval, Sec seconds, Reps repetitions, ROM Range of motion

<sup>A</sup> Significantly different compared to baseline values, based on non-overlapping 95% CIs.

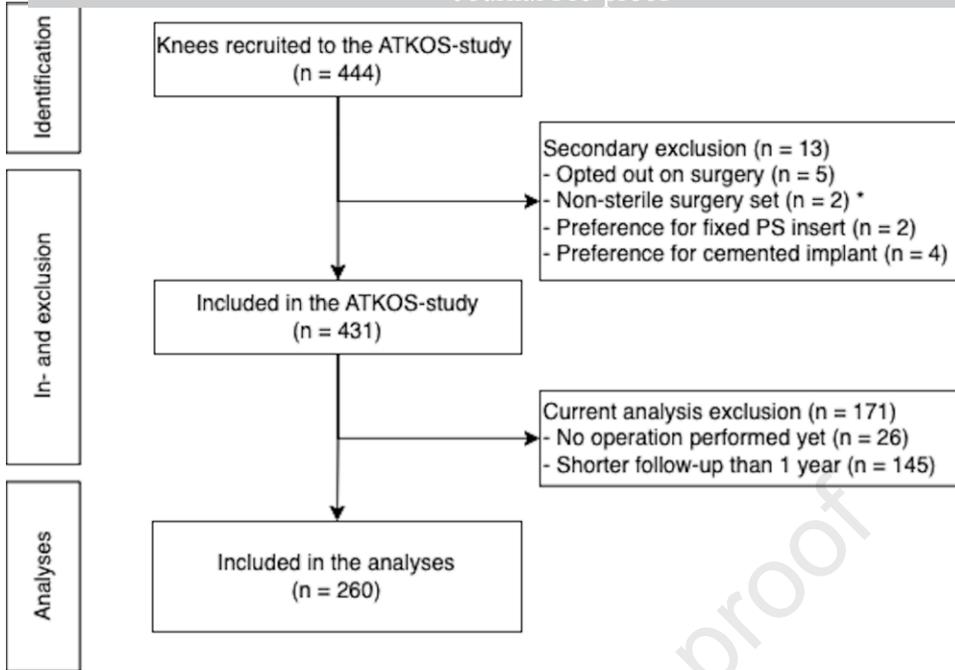
\* Fewer patients were examined at 6 weeks, as this was not standard clinical practice at one institute.

**Table 4.** Reasons for revisions and reoperations

Reasons	intervention	n	Mean months, (SD)
<b>Reoperation</b>			
Stiffness or flexion contracture	Manipulation under anesthetic	11	6.1 (5.9)
Periprosthetic fracture	Plate osteosynthesis	1	9.6 (-)
<b>Minor revision</b>			
Insert spinout	insert exchange to thicker size	3	0.5 (0.8)
Patellofemoral osteoarthritis	Adding a patella component	2	10.3 (9.7)
Acute prosthetic joint infection	DAIR with insert exchange	1	1.0 (-)
<b>Major revision</b>			
Femoral fissure and lateral tibial plateau fracture	Revision to cemented sleeved implant	1	1.4 (-)
Expected aseptic loosening	Exchange to cemented sleeved TKR	1	25.8 (-)
Medial collateral ligament rupture	Revision to hinged cemented implant	1	0.7 (-)

**Table 5.** Adverse events occurred during the study up to April 2024.

Number of knees	Event
1	Direct postoperative collapse resulting from hypotension and bradycardia, requiring an extended hospital stay.
1	Distal patellar fracture, treated conservatively.
2	Hospitalization for bilateral pulmonary embolism.
1	Hospitalization for urosepsis.
1	Shoulder fracture from a fall, requiring total shoulder arthroplasty.
1	Death due to complications of endometrial carcinoma.
1	Hospitalization for treatment of an ankle wound.
1	Endoscopic repair of an inguinal hernia.



**Figure 1.** Flowchart of recruitment and inclusion of patients to the AKTOS study.

\* Cases where the usual sterile surgical set for the ATTUNE knee system was found to be inadequately packaged, leading to the use of an alternative knee system.

### **Ethical statement**

Ethical approval was obtained from the Amsterdam UMC (CME NL71274.029.19), and the protocol was preregistered on ClinicalTrials.gov (NCT04247672) and published.

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Journal Pre-proof

**Guardian/patient consent**

Not applicable.

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